



September 6th, 2022

Welcome to the Tawatinaw Valley Freeriders! We are very excited to welcome back athletes who have previously participated in our programs, as well as those who are new to the club. Our Freestyle Canada-certified coaches are very familiar with our local Tawatinaw Valley ski hill and the programs they coach. The program descriptions below represent our usual programming.

Please note, we are NOT a learn-to-ski program

Registration for all our programs will open September 6th, 2022 and officially close December 1, 2022. Please note that ALL fees will increase by an additional \$50 after October 31, 2022. Early registration and payment allows us to better gauge athlete numbers and secure the appropriate coach to athlete ratios.

Online Registration and Payment:

Registration will once again be completed online through Zone4.ca with e-transfer as the preferred method of payment. Please send e-transfers to treasurer.tvfr@gmail.com within 24 hours of registration. Your registration will not be considered complete until payment is received. If you must pay with cheque/cash, please contact treasurer.tvfr@gmail.com to arrange payment accordingly.

Please go to www.tawatinawvalleyfreerider.com and follow the link to register, or visit <https://zone4.ca/reg.asp?id=28172>

Our registration is also available on the Zone4.ca homepage and is accessible by searching for "Tawatinaw Valley Freeriders."

2022/2023 Winter 'On Snow' Programs

Freestyle Canada/Freestyle Alberta Membership

ALL athletes require a mandatory, 2022/2023 Freestyle Canada/Freestyle Alberta membership (\$80-\$137) to participate in any freestyle ski training, including airbag training at Evolution Freestyle. Athletes who do not have a current membership will not be permitted to train. No exceptions.

Junior FUNDamentalz

This full day program is designed for beginning freestyle skiers age 5+. **Skiers must be able to ride a T-Bar independently and confidently snowplow down a green run.**

The focus of this program will be on developing the skills of the skier to allow them to parallel ski down a blue/black run, which is the minimum requirement to join FUNdamentalz.

Saturdays 10 am – 3pm - \$575

- Approximately 10 sessions – Beginning mid-December to mid-March, weather permitting

FUNdamentalz

This full day program is designed to give young skiers age 6+ an introduction to the skills of freestyle skiing in a safe and fun environment. Focus is on development of carving turns with introduction to basic jumps, moguls and the terrain park; FUNdamentalz is all about safely building freestyle skills and skiing with friends. Skiers may opt, if approved by their coach, to enter club competitions. **Skiers must be able to parallel ski down a blue/black run and ride a T-Bar independently.**

Saturdays 10 am – 3 pm - \$575

- Approximately 10 sessions – Beginning mid-December to mid-March, weather permitting

Freestylerz/Development team

In this full day program, focus is on progression to more advanced, competitive and refined skills in moguls, slopestyle (terrain park) and halfpipe (when available). An emphasis on strong turning and takeoff basics provides the foundation to safely launch spins and inverted maneuvers off jumps in moguls and on our slopestyle course. Skiers may opt to enter club competitions, and work towards provincial/national-level competition at the discretion of the head coach.

This program will be offered as a 1-day on-snow program (Saturday) or 2-day (Saturday and Sunday) on snow program, with an option of fall dryland training at Evolution Freestyle as an add-on. Dryland training will take place at Evolution Freestyle (1 km south of the Tawatinaw Ski Hill) and will include ramp and airbag use, trampoline use, conditioning and other activities. Please note that it is highly recommended that athletes who are looking to advance their skills and/or compete at club or provincial competitions attend the fall dryland training. As athlete safety is our number one priority, without this additional training and conditioning, coaches may be required to limit tricks and/or features that athletes can partake in.

Athletes, who have been approved by the head coach to compete at the provincial level, must register for Sat/Sun training and dryland training.

Optional training opportunities for freestylerz/development athletes may take place at other ski hills/venues on select training days (ex. Canyon, Winsport, Lake Louise). Please note these training opportunities are optional and not mandatory to the program. Additional coaching fees may apply, travel costs not included.

Saturdays 10 am – 3 pm – On-snow only - \$575

- Approximately 10 sessions – Beginning mid-December until mid-March, weather permitting

Saturdays + Sundays 10 am – 3 pm - \$1150

- Approximately 20 on-snow sessions beginning mid-December until mid-March, weather permitting

Fall Dryland Training - Evolution Freestyle - \$360

- Oct 22 (Half Day & Full Day available on this day only), Oct 29, Nov 5, and Nov 12.

***If you are new to Evolution Freestyle and Airbagging you can sign up for a half day of training on October 22nd for \$45.

**** Please note that there are additional fall dryland training opportunities offered by Evolution Freestyle (see their website for details).**

Dryland at Evolution Freestyle will still take place during inclement weather, therefore athletes should be prepared and bring proper clothing for the conditions that day. Please be sure to add this extra training to your cart during registration.

**** Reminder ** All athletes participating in airbagging at Evolution Freestyle must have a current Freestyle Canada/Freestyle membership. No exceptions.**

The cost of the programs for the 2022 – 2023 ski season INCLUDES:

- Weekly training/coaching as per the registered program at Tawatinaw Valley, weather permitting
- Coaching costs for competitions attended with approval of the TVFR coaches

Program costs do NOT INCLUDE:

- Mandatory Freestyle Canada/Freestyle Alberta athlete membership for all TVFR members
- Lift tickets
- Equipment rental/purchase
- Competition fees (including TVFR club competition) and supplemental training venue fees
- Personal costs associated with attending a competition or other training events (travel, hotel, food, registration, banquets etc.)

Early Season Camp

Early Season Camp

Let's get our ski legs back at a fun camp with our coaches! This mountain camp is open to all TVFR athletes, new and returning. New athletes and those registered at the Jr. Fundamentalz, FUNDamentalz level must have a parent available to ski with and accompany your child on-snow until they are assessed for skill and ability by our coaches, and as required.

Date: December 3rd & 4th, 2022

Location: Marmot Basin, Jasper, Alberta

Cost: To be determined, estimated at \$150-175

Registration information to follow.

Please indicate your interest in attending this camp on the registration page as it helps us gauge interest and secure appropriate coach numbers.

Fundraising/Volunteer Commitments

Fundraising Commitment

TVFR is a non-profit society. We depend on the fundraising and volunteer contributions of our members to keep our program fees, competitions and sport opportunities affordable and accessible to as many young athletes as possible. As such, please carefully review our fundraising and volunteer requirements outlined below, as well as the deposit cheques/deadlines required.

Other Fundraising Opportunities

TVFR will also be exploring other fundraising opportunities, some ideas include:

A Cash Raffle - our cash raffles have been very successful in the past, but we know families might be looking for something different.

Fundraising Deposit Cheque

We kindly ask that each TVFR family supply a \$250 fundraising deposit cheque on the first day of training. This cheque will be returned/destroyed following the completion of your fundraising requirements. A failure to fulfill this commitment will result in your cheque being cashed

Volunteer Commitment

Hill Crew/Volunteer requirements

TVFR depends on the volunteer contributions of our members to keep our athletes safe on the hill. As they develop their skills and practice tricks on the hill, landing on loose snow is essential for maintaining control, and to minimize the potential for injury in the event of a fall. The snow cat maintains all of the areas that are accessible, however the jump landings must be chopped and fencing/courses maintained prior to use each training day. As such, we require five (5) parents per training day to fulfill these roles under the supervision/direction of our hill crew coordinator. This is actually a fun activity that enables parents to get to know each other and get a little bit of exercise. Signup will be available online only and will be emailed out prior to the first day of training.

Each family will be required to fulfill a certain number of volunteer shifts per season. The number of shifts will depend on the number of families registered for the season.

****Volunteers are also asked to obtain a Volunteer Membership from AFSA for insurance purposes. The membership fee is \$15 and is purchased through the AFSA website at**

<https://snowreg.com/#!/memberships/freestyle-ab-20222023-memberships>

Club Competition

Should our club host a club level competition, we will see athletes from around the province compete in both mogul and slopestyle events. Although the organization and execution of such an event takes an enormous amount of effort on part of our group, it serves as a substantial fundraiser. **It will therefore be expected that each and every TVFR family plays a role by generously donating their time over the 3-day event.** If our club is granted this competition we will also be asking each family to donate an item to our silent auction valued at \$50 (minimum), or a cheque in that amount so an item can be purchased on your behalf.

Building Moguls

There will be a volunteer call-out close to the beginning of the season regarding the building of our mogul course. Many hands make light work and all available parents are encouraged to attend.

**** Please note ** ALL families are still expected to volunteer their time and assist with our hosted club competition in addition to the hill crew requirements**

Volunteer Deposit Cheque

Each family will be required to submit a post-dated cheque in the amount of \$250.00 on the first day of training. The payment will be held and returned or destroyed by the end of the ski season, upon completion of...

- ...four (Saturday athletes) or six (Saturday/Sunday athletes) volunteer hill crew shifts.
- ...volunteer duties during a hosted club competition (should our club host).
- ...assisting during building our mogul course at the beginning of our season.

*****If the volunteer commitment is not completed, your cheque will be cashed.**

It is also important to note that all on-snow volunteers including hill crew, mogul build and competition roles must obtain and wear a complimentary walking pass when walking and working on the hill.

Thank you for your cooperation and commitment to your kids and our club.

Additional Fees and Policies

Freestyle Canada/Freestyle Alberta Membership

ALL athletes require a mandatory, 2022/2023 Freestyle Canada/Freestyle Alberta membership (\$80-\$137) to participate in any freestyle ski training, including airbag training at Evolution Freestyle. Athletes who do not have a current membership will not be permitted to train. No exceptions.

Freestyle Canada/Freestyle Alberta memberships can be obtained online at <https://snowreg.com/#!/memberships/freestyle-ab-20202021-memberships>

Please DO NOT leave this to the last couple days before training commences. There are frequently problems with the website and registrations. Please print a copy of the payment confirmation and bring to the first day of any training. If it is easier, you can forward your confirmation to registrar.tvfr@gmail.com so that we have a copy on file. If you are unfamiliar with the process of obtaining a Freestyle Canada/Freestyle Alberta membership, please contact the registrar (registrar.tvfr@gmail.com) who will be able to send out a step-by-step guide.

Multiple Club Athletes

Some of our existing and new athletes are registered in programs with multiple freestyle clubs. These athletes need to make known the club they designated on their Freestyle Alberta membership. Ultimately, only one club can be designated and this is the only club that the athlete is eligible to compete for. Therefore, to assist the TVFR club with planning and coaching resources for all competitions, athletes must indicate their designated club information to the registrar (registrar.tvfr@gmail.com) upon registration.

Please note the following additional policies/information:

Sickness - If you are sick or feeling unwell, please stay home until your symptoms are gone.

New athletes - If the participant is a new athlete in our Jr. FUNdamentalz or FUNdamentalz programs, we require that a parent/guardian 18 years of age or older be available to ski with, and be responsible for the athlete on the first day of training (and as needed through the season) until the coach has an opportunity to assess and evaluate their skiing abilities.

Assessment Day – During the first week of on-snow training, the coaches will assess and evaluate the participants to determine if they are registered in the most suitable program. Should the coaches determine that the participant is better suited to a higher program or requires more skill development, the participant will be offered the opportunity to join another group as deemed appropriate.

Refunds.

Should an athlete choose to withdraw from a TVFR program prior to the commencement of training, a 10% administration fee will be applicable. If withdrawing during the first two weeks of training, 75% of the registration fees paid to TVFR will be refunded.

After the first two weeks of training, fees are non-refundable.

There will be no refunds for sessions missed due to illness.

Should the season be canceled due to COVID-19 or other protocols put in place by Alberta Health Services leading to the closure of the Tawatinaw Valley Ski Hill, unused training days will be refunded at a rate of \$55/day.

Family Discount. If a family registers 3 or more athletes, the first two are charged regular rates, and any athletes thereafter are eligible for a 50% discount of fees. This discount only applies to immediate family members who reside within the same residence. Please contact the Registrar at registrar.tvfr@gmail.com **prior** to registration for the required discount code.

Cold Weather Cancellation

Training will be canceled when the hill is closed due to temperature or other factors.

Every effort will be made to reschedule training. However, if this is not possible refunds will not be provided. Cancellations will be posted on the TVFR website, Facebook, and via email by 8:00am of the date in question.

Minimum Age Requirement

In order to comply with insurance requirements, Freestyle Canada/Freestyle Alberta member clubs may only register athletes for sanctioned program who are 5 years of age and older. Athletes must turn 5 years of age on or before November 15th of the year that is the start of any given ski season i.e. for the 2022 – 2023 ski season, the athlete must turn 5 years of age by November 15th 2022.

Team Wear

Once again, team wear will be available to purchase through our TVFR website with old favorites and new additions available. Please visit

www.tawatinawvalleyfreerider.com/shop for pictures, prices and more information.

This year our orders will be placed through “UR Store” and all items will be shipped directly to your home and you can order any time at your convenience.

Buy/Sell Page: Please note, TVFR does have a buy/sell section for used equipment on our Facebook page

TVFR Website: www.tawatinawvalleyfreerider.com

Please check regularly for important updates or additional information.

Facebook: Please “LIKE” us on Facebook as this is an additional venue for communicating important club information, photos, videos and results.

If you have any questions or concerns, please do not hesitate to email me at registrar.tvfr@gmail.com.

Registrar, Tawatinaw Valley Freeriders Club



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